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# **A Review on Degradation Improvement of Sisal Fiber by Alkali and Pozzolana for Cement Composite Materials**

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# **A Review on Degradation Improvement of Sisal Fiber by Alkali and Pozzolana for Cement Composite Materials**

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#### **ABSTRACT**

Sisal fiber employment in concrete improves its post-crack strength, but sisal fiber degrades due to moisture and cement mineralization. Many researchers used alkaline and pozzolanic techniques to treat sisal fiber in cement composite materials. However, which treatment method is most effectively used to modify sisal fiber for sustainable use in cementing materials has yet to be well known. Therefore, this review highlights the effect of alkaline and pozzolanic materials on sisal fiber treatment. The review of various studies found employment of 1–1.5% of treated sisal fiber by alkaline or pozzolana reduces workability and improves the mechanical properties, especially as many authors found the treatment of sisal fiber by pozzolanic material averagely improves compressive strength and splitting tensile strength of cementing materials by 21.75% and 36.53%, while alkaline treatment 12.83% and 14.92% respectively, compared to control mixture. Besides these, many studies found the treatment of sisal by either alkaline or pozzolana significantly lessens water absorption capacity, improves the thermal resistivity of the fiber, improves fiber adhesion with the matrix, makes rougher microstructure of fiber surface. However, many studies reported alkaline treatment to have drawbacks in the disposal of alkaline chemicals that increase environmental pollution, at high concentrations cause fiber deterioration, and chemical production cost.

#### 摘要

在混凝土中使用Sisal纤维提高了其裂缝后强度,但由于水分和水泥矿化而 降解. 许多研究人员使用碱性和火山灰技术处理水泥复合材料中的剑麻纤 维. 然而,哪种处理方法最有效地用于改性剑麻纤维,使其可持续地用于 胶结材料,目前尚不清楚. 因此,本文着重介绍了碱性和火山灰材料对剑 麻纤维处理的影响. 对各种研究的回顾发现,使用1-1.5%的经碱性或火山 灰处理的剑麻纤维可降低工作性并提高机械性能,特别是许多作者发现, 与对照混合物相比,用火山灰材料处理剑麻纤维平均可提高21.75%和 36.53%的胶凝材料抗压强度和劈拉强度,而碱性处理分别可提高12.83% 和14.92%. 除此之外,许多研究发现,用碱性或火山灰处理剑麻可以显著 降低吸水能力,提高纤维的热阻,提高纤维与基体的附着力,使纤维表面 微观结构更加粗糙. 然而,许多研究报告称,碱性处理在处理碱性化学品 方面存在缺陷,这会增加环境污染,导致纤维在高浓度下变质,化学品生 产成本.

#### **KEYWORDS**

Sisal fiber; alkaline; pozzolana; cement composite; degradation; moisture sensitivity

#### 关键词

剑麻纤维; 碱性; 火山灰; 水 泥复合材料; 堕落; 湿度敏 感性

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# **Introduction**

<span id="page-2-23"></span><span id="page-2-18"></span>Concrete is a highly used building material worldwide; however, it is a brittle material with low strain capacity, tensile strength, fracture toughness, and weak energy absorption. So primarily to mitigate this drawback, reinforcements are crucial in concrete, either steel or synthetic fibers (B. Li et al. [2018;](#page-26-0) Sadrinejad, Madandoust, and Ranjbar [2018](#page-29-0); X. Zhou, Saini, and Kastiukas [2017](#page-31-0)). Hence, fibers in cement composite materials are important in improving load-carrying capacity, lessening shrinkage cracks, enhancing strength, and protecting the concrete matrix from environmental and possible damages (Aruna [2014;](#page-21-0) Begum and Islam [2013](#page-21-1); Rai and Joshi [2014](#page-28-0); Ramasamy [2015;](#page-28-1) Ramesh [2018;](#page-29-1) Sekaran, Kumar, and Pitchandi [2015](#page-29-2)). Besides these, fibers can hold significant stresses and relatively large strain capacity on post-cracking concrete, forming good bonding, and improving strength with cement matrix (Bolat et al. [2014;](#page-22-0) Gao et al. [2022;](#page-23-0) Hanif et al. [2017](#page-24-0); Jamshaid et al. [2022;](#page-25-0) Machaka, Basha, and Elkordi [2014a](#page-26-1); Naraganti, Pannem, and Putta [2019](#page-27-0); P. Zhang et al. [2018](#page-31-1)).

<span id="page-2-24"></span><span id="page-2-20"></span><span id="page-2-10"></span><span id="page-2-7"></span><span id="page-2-3"></span><span id="page-2-0"></span>Furthermore, the employment of fibers in cement composite materials has three effects: i) the ability to improve the tension under the matrix cracks, ii) enhance deformation capacity and toughness, iii) modify the development of cracks by lowering the openings and spacing of cracks (W. Abbass, Khan, and Mourad [2018](#page-20-0); de Lima et al. [2022](#page-23-1); Latifi, Biricik, and Aghabaglou [2022\)](#page-26-2). Also, fiber employment in concrete improves its post-cracks strength and leads to more ductility of cementing materials due to fibers' ability to transfer tensile stress across the crack points and potentially reduce crack width. However, the reduction of the crack width of concrete depends on the amount and the physical properties of the fiber (Afolayan, Wilson, and Zaphaniah [2019](#page-20-1); Mudadu et al. [2018](#page-27-1); Wu et al. [2016](#page-31-2)). Mainly, adding a small volume of fibers improves the tensile strength of concrete, enhances bond strength, lessens permeability, and resists seismic loading and its ductility (Cao et al. [2020;](#page-22-1) Panchangam [2015b](#page-28-2)). However, using steel bars or synthetic fibers is expensive, and their production pollutes the environment (X. Zhou, Saini, and Kastiukas [2017](#page-31-0)). So, employing natural fibers in construction materials enhances strength, is cost-effective, renewable, and reduces carbon impact on the environment (W. Ahmad et al. [2020](#page-20-2); Barbuta et al. [2017](#page-21-2); dos Santos et al. [2021](#page-23-2); Ivanova, Assih, and Dontchev [2020](#page-24-1); Krishna et al. [2018](#page-25-1); Kundu et al. [2018](#page-26-3); Maurya et al. [2015;](#page-27-2) Shah et al. [2021](#page-29-3); Silva et al. [2020](#page-30-0); Zakaria et al. [2020](#page-31-3)).

<span id="page-2-27"></span><span id="page-2-26"></span><span id="page-2-21"></span><span id="page-2-19"></span><span id="page-2-16"></span><span id="page-2-14"></span><span id="page-2-13"></span><span id="page-2-11"></span><span id="page-2-9"></span><span id="page-2-6"></span><span id="page-2-4"></span><span id="page-2-1"></span>Natural fibers predominantly have cellulose and others like lignin, hemicellulose, and pectin, in addition to small amounts of ash, wax, and sugars (Abirami and Sangeetha [2022;](#page-20-3) Benítez-Guerrero et al. [2017](#page-21-3); de Lima et al. [2022](#page-23-1); S. R. Ferreira et al. [2017;](#page-23-3) Jeyapragash, Srinivasan, and Sathiyamurthy [2020](#page-25-2); Marvila et al. [2021](#page-27-3); Naveen et al. [2018](#page-27-4)). Its cellulose part can increase the mechanical properties of concrete, control crack opening and propagation, and improve tensile strength, ductility, and toughness while allowing high deformation without any loss of integrity (Arshad et al. [2020;](#page-21-4) Fujiyama, Darwish, and Pereira [2014](#page-23-4); Iniya and Nirmalkumar [2021](#page-24-2); Izquierdo et al. [2017;](#page-24-3) Kafodya and Okonta [2018](#page-25-3); Machaka, Basha, and ElKordi [2014b](#page-26-4); Olivito, Cevallos, and Carrozzini [2014;](#page-28-3) Shadheer Ahamed, Ravichandran, and Krishnaraja [2021\)](#page-29-4). This improvement in concrete ductility can enhance the seismic resistance of the structures to avoid catastrophic concrete failure (Krishna et al. [2018;](#page-25-1) Machaka, Basha, and Elkordi [2014a](#page-26-1)). Also, adding natural fiber to concrete enhances tensile and bending strength, improves ductility, reduces permeability, and highly resists crack occurrence by enhancing concrete's bond strength and toughness (Althoey et al. [2023](#page-21-5); Kv [2019;](#page-26-5) Reis [2012](#page-29-5); Thomas and Jose [2021](#page-30-1)). In addition to these, the employment of natural fiber in cementing materials highly improves flexural strength and shrinkage cracks (Jaradat et al. [2021](#page-25-4)).

<span id="page-2-25"></span><span id="page-2-22"></span><span id="page-2-17"></span><span id="page-2-15"></span><span id="page-2-12"></span><span id="page-2-8"></span><span id="page-2-5"></span><span id="page-2-2"></span>Furthermore, Begum K. and Islam M.A [\(2013\)](#page-21-1) investigated a comparison of the mechanical strength of natural-reinforced fiber polymer and glass fiber-reinforced composites. The study found that natural fiber-reinforced polymer composite reached equivalent mechanical strength and higher volume fraction than glass fiber. It was also eco-friendly and more cost-effective than synthetic fibers. Natural fibers offer an alternative to synthetic fibers due to their excellent properties like low cost, sustainability, and availability with their environmentally friendly natures (Adekomaya and Majozi [2019](#page-20-4); D. P. Ferreira, Cruz, and Fangueiro [2018](#page-23-5); Florea and Manea [2019;](#page-23-6) Helaili, Chafra, and Chevalier

<span id="page-3-14"></span><span id="page-3-11"></span>[2021](#page-24-4); Herrera-Franco, Carrillo, and Li [2020;](#page-24-5) Jaiswal et al. [2022;](#page-24-6) Khalid, Al Rashid, et al. [2021;](#page-25-5) Prabhu et al. [2021](#page-28-4); Zwawi [2021](#page-31-4)).

<span id="page-3-16"></span><span id="page-3-15"></span><span id="page-3-6"></span><span id="page-3-4"></span><span id="page-3-3"></span><span id="page-3-1"></span>Among various natural fibers, sisal fiber has multiple benefits in construction materials through property improvement, is environmentally friendly, and is cost-effective (Ali-Boucetta et al. [2021;](#page-20-5) Asim et al. [2020;](#page-21-6) Belaadi et al. [2013;](#page-21-7) D. P. Ferreira, Cruz, and Fangueiro [2018](#page-23-5); Martinelli et al. [2023;](#page-27-5) Thomas and Jose [2022;](#page-30-2) Yadav et al. [2021;](#page-31-5) Zakaria et al. [2017;](#page-31-6) X. Zhou, Saini, and Kastiukas [2017](#page-31-0)). Sisal fiber is a strong and most extensively cultivated natural fiber, extracted from the Agave-sisalana plant leaf that mainly grows in the tropical and sub-tropical regions of the world (S. R. Ferreira et al. [2014,](#page-23-7) [2018](#page-23-8); Singh et al. [2022](#page-30-3)), which can grow in stiff soil where typical plants cannot grow and more favor temperature range between 20°C to 28°C with mean annual rainfall 600–1500 mm (Bharath [2017;](#page-22-2) Chopra and Razahi [2020](#page-22-3); S. R. Ferreira et al. [2017](#page-23-3); Kv [2019](#page-26-5)). The sisal fiber accounts for 2% of the world's natural fibers (Chopra and Razahi [2020\)](#page-22-3) and is traditionally used for producing twine dartboards and rope (S. Ali, Jain, and Singh [2017](#page-20-6); P. R. Lima et al. [2014](#page-26-6); Sabarish et al. [2020](#page-29-6); Sugathan [2017](#page-30-4)). Sisal fiber is a natural fiber having high strength and modulus, low price, high durability, recycle-ability, low maintenance, and high water absorber (Fiore et al. [2016](#page-23-9); Lopes Lima et al. [2017;](#page-26-7) Thomas and Jose [2021\)](#page-30-1).

<span id="page-3-17"></span><span id="page-3-13"></span><span id="page-3-12"></span><span id="page-3-10"></span><span id="page-3-9"></span><span id="page-3-5"></span><span id="page-3-2"></span>The total or partial steel replacement by sisal fiber reinforced concrete credits an economical way to provide an alternative method to safe concrete structures and allow energy-efficient materials, economical, ecological, and upcoming green building technologies (Herrera-Franco, Carrillo, and Li [2020](#page-24-5); P. Kumar and Roy [2018](#page-25-6); Martínez-Martínez and Corpas-Iglesias [2016](#page-27-6); Mukhopadhyay and Srikanta [2008](#page-27-7); Tian et al. [2015](#page-30-5); Vijayan and Krishnamoorthy [2019;](#page-30-6) X. Zhou, Saini, and Kastiukas [2017](#page-31-0)). But highly moisture sensitive and deteriorates by mineralization of cementing minerals. Veigas, Najimi, and Shafei ([2022](#page-30-7)) found that the degradation of sisal fiber in cement concrete is mainly due to calcium hydroxide from cement and moisture sensitivity of its surface. The study did immerse the untreated sisal fiber in calcium hydroxide solution for one week and observed under a scanning microscope the degraded sisal fiber surface, also moisture sensitivity is assessed by wetting and drying for 25 cycles and found cementitious material with untreated sisal fiber lost 50% of flexural strength and while the treated by surface coating is degraded only by 25%. This is mainly due to the untreated sisal fiber absorbs more water into the cement matrix that lessens the interface bond between the fiber and matrix due to swelling of the sisal fiber water absorbed part which consequently much reduces strength compared to the treated sisal fiber under aging conditions. The same finding was found by many researchers studied on ways to reduce sisal fiber degradation primarily by treating alkaline and pozzolanic materials. However, it's not well known which of the two methods is more effective in treating the sisal fiber for its sustainable use in construction materials reinforcement. Therefore, the present review comprehensively reviewed relevant literature on the effect of alkaline and pozzolana sisal fiber treatment methods, especially, the effect of treating either pozzolanic or alkaline on physical properties of concrete such as workability and density, also on mechanical properties such as compressive, splitting tensile, and flexural strength of cement composite materials. Besides these, the present study details reviewed the effects of employing treated sisal fiber by alkaline and pozzolanic materials on the durability of concrete on water absorption, chloride ion migration, and acidic attack in addition to highlighting their effects in the microstructural properties of concrete.

#### *Benefits of sisal fiber employment in cement composite*

<span id="page-3-18"></span><span id="page-3-8"></span><span id="page-3-7"></span><span id="page-3-0"></span>Sisal fiber has excellent promise in construction applications due to its superior mechanical strengths, fracture energy and durability, low production cost, renewable, less energy absorption, and eco-friendly plant-based raw material (A. S. Filho et al. [2021;](#page-23-10) Lopes Lima et al. [2017](#page-26-7)). The incorporation of sisal fiber in concrete composition improves mechanical performance, such as compressive strength and tensile strength (Acosta‐Calderon et al. [2022;](#page-20-7) Beskopylny et al. [2022;](#page-21-8) A. Filho et al. [2020](#page-23-11); Golla and Ranganath [2015;](#page-24-7) Prakash et al. [2021](#page-28-5); Ren et al. [2021](#page-29-7); Sabarish et al. [2020](#page-29-6); Shah et al. [2021;](#page-29-3) Yinh et al. [2021](#page-31-7)), and also the employment of sisal fiber can reduce the

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<span id="page-4-11"></span><span id="page-4-9"></span>number of cracks occurring in concrete by 56–99% (S. Gupta et al. [2021;](#page-24-8) Okeola, Mwero, and Bello [2021\)](#page-28-6). Besides these, Huang et al. [\(2020\)](#page-24-9) reported that employing sisal fiber in concrete increases concrete's static and fatigue load resistance. Also, sisal fiber can effectively lessen the corrosion rate of concrete in the marine environment and reduces the shrinkage cracks of the concrete in seawater (Bao et al. [2019](#page-21-9)). The extent of cracks significantly decreases with the increase in fiber amount in concrete (Asaduzzaman and Islam [2023\)](#page-21-10).

<span id="page-4-21"></span><span id="page-4-19"></span><span id="page-4-18"></span><span id="page-4-15"></span><span id="page-4-13"></span><span id="page-4-8"></span><span id="page-4-4"></span><span id="page-4-3"></span>Furthermore, sisal fiber and many natural fibers can reflect excellent secondary structural components with lightweight, improve strength, and ductility, reduce shrinkage cracks, and have low-cost properties (S. D. Gupta et al. [2020](#page-24-10); Jo, Chakraborty, and Lee [2015;](#page-25-7) John and Dharmar [2021](#page-25-8); Kundu, Chakraborty, and Chakraborty [2018](#page-26-8); Liu et al. [2020](#page-26-9); Long and Wang [2021](#page-26-10); Machaka, Basha, and Elkordi [2014a;](#page-26-1) Razmi and Mirsayar [2017](#page-29-8); Snoeck, Smetryns, and De Belie [2015;](#page-30-8) Song et al. [2021\)](#page-30-9). They can be used as additives to enhance the durability and strength of concrete (Jena, Patra, and Mukharjee [2022](#page-25-9); Tiwari, Sahu, and Pathak [2020\)](#page-30-10). Mainly, sisal fiber is a substantial replacement for steel bar reinforcement for simple and medium structural elements (Murtiadi and Akmaluddin [2016](#page-27-8)) and enables renewable, nonhazardous, and biodegradable, which permits the development of more sustainable construction materials (Claramunt et al. [2016](#page-22-4); Jariwala and Jain [2019;](#page-25-10) P. Kumar and Roy [2018](#page-25-6); Martel, Salgado, and Silva [2022](#page-27-9); Sellami, Merzoud, and Amziane [2013;](#page-29-9) Song et al. [2021](#page-30-9)). Besides these, adding different types of natural fibers to concrete improves cement composite materials' electrical resistivity and impact resistance (Afroughsabet and Ozbakkaloglu [2015;](#page-20-8) Senthilkumar et al. [2021](#page-29-10)). It strengthens concrete beams by improving load-carrying capacity and mid-span deflection against ultimate load (Hussain and Ali [2019;](#page-24-11) Yinh et al. [2021\)](#page-31-7).

<span id="page-4-23"></span><span id="page-4-20"></span><span id="page-4-17"></span><span id="page-4-12"></span><span id="page-4-6"></span><span id="page-4-5"></span><span id="page-4-2"></span><span id="page-4-0"></span>However, natural fibers can be degraded in cement composite materials due to alkaline hydrolysis and mineralization, leading to a significant problem for their practical utilization in construction work (Zhao et al. [2021\)](#page-31-8). The degradation due to alkaline pore solution in the cement composite matrix seriously lessens the durability and may cause premature failure. Also, natural fibers are highly moisture sensitive, which can cause poor bonding between natural fiber and concrete matrix in the long term (A. Ali et al. [2018;](#page-21-11) Cruz and Fangueiro [2016](#page-22-5); Mármol et al. [2020;](#page-26-11) Snoeck, Smetryns, and De Belie [2015](#page-30-8)) and cause shrinkage and swelling that can cause decoupling at interphase. Hence, the debonded interphase and degradation during aging in water leads to reduced mechanical properties of the cement composites (Akash, Venkatesha Gupta, and Sreenivas Rao [2017\)](#page-20-9). Therefore, natural fiber surface modification reduces water absorption from the fiber matrix pore and improves the performance and durability of natural fibers for reinforcement in cement composite materials (Dantas et al. [2019](#page-22-6)).

<span id="page-4-7"></span><span id="page-4-1"></span>Sisal fiber has a cellulose compound responsible for fiber resistance, as shown in [Figure 1](#page-5-0), which is dominated mainly by the cellulose part. However, hemicellulose and lignin are also part of the sisal fiber composition responsible for the cement materials' low durability, hence can absorb free water or moisture, have high volume content that increases fiber surface area, and have low friction resistance (Marvila et al. [2021;](#page-27-3) Ren et al. [2021\)](#page-29-7). So lessening the amount of lignin and hemicellulose by removing impurities, waxes, ashes, and sugars, enables the sustainability of sisal fiber in cement composite materials (Marvila et al. [2021](#page-27-3)).

<span id="page-4-22"></span><span id="page-4-16"></span><span id="page-4-14"></span><span id="page-4-10"></span>The sisal fiber degradation in cement composites proceeds slowly from the fiber surface to the inside cell walls. The amorphous protective layers, lignin, and hemicellulose, first deteriorate due to infiltration of alkaline pore solutions in fibers and then proceed to deterioration of cellulose fibrils which causes premature failure of sisal fibers (Wei [2018](#page-30-11)). Hence, this can limit the application of natural fibers in concrete that degrade in a highly alkaline environment like in the concrete matrix (Veigas, Najimi, and Shafei [2022\)](#page-30-7). Therefore, mitigating the natural fibers degradation in a cement composite matrix has to be a serious issue and to be solved before employing different types of cement composite materials (S. R. Ferreira et al. [2014;](#page-23-7) Wei and Meyer [2014a](#page-25-11)). In addressing these challenges, researchers treated natural fibers as used in cement composite materials by alkaline or natural pozzolana (Hari and Mini [2019](#page-24-12)). Also, treating sisal fiber by mineral addition as a partial replacement of Portland cement and chemical treatment can promote an adequate concrete casting process (P. R. L. Lima et al. [2019\)](#page-26-12).

<span id="page-5-0"></span>

 $\Box$  Cellulose  $\Box$  Hemicellulose  $\Box$  Lignin  $\Box$  Waxi

**Figure 1.** Chemical composition of sisal fiber by Sugathan [\(2017](#page-30-4)).

### **Sisal fiber treatment by alkaline**

<span id="page-5-15"></span><span id="page-5-14"></span><span id="page-5-13"></span><span id="page-5-9"></span><span id="page-5-5"></span>Natural fibers treated by a chemical process like acetylation, breaching, silane, alkalization, glycidyl methacrylate, and strontium titanate to enhance the degradation resistance and extent of adhesion of the fibers and composite materials improve typically mechanical properties, thermal stability, and water absorption of the natural fibers (Basak, Choudhury, and Pandey [2018;](#page-21-12) S. Kumar, Tilak, and Dutta [2017;](#page-26-13) Sellami, Merzoud, and Amziane [2013;](#page-29-9) Senthilkumar et al. [2018\)](#page-29-11). Most of the time, NaOH is used as an alkaline treatment of natural fibers (R. Ahmad, Hamid, and Osman [2019;](#page-20-10) Godara and Godara [2019;](#page-24-13) Jo, Chakraborty, and Kim [2016;](#page-25-12) Prasad, Gowda, and Velmurugan [2017](#page-28-7)). Also, sodium bicarbonate (NaHCO<sub>3</sub>) is currently utilized due to a similar effect on fiber like NaOH and less cost (R. Ahmad, Hamid, and Osman [2019;](#page-20-10) Benkhelladi, Laouici, and Bouchoucha [2020](#page-21-13)). The alkaline treatment by Sodium hydroxide solution (NaOH) effectively removes amorphous materials such as hemicellulose, lignin, pectin, and waxes from the outer surface of the sisal fiber. This treatment improves fiber surface roughness and degree of crystallinity (Achour, Ghomari, and Belayachi [2017](#page-20-11); Dilfi KF et al. [2018;](#page-23-12) Gudayu et al. [2022;](#page-24-14) Huner [2018;](#page-24-15) Maichin et al. [2020](#page-26-14)) and lessens the moisture absorbency of hemicellulose and lignin. Sisal fiber alkaline treatment plays a significant role in the improvement of interfacial properties of the fiber by providing better compatibility and modification of interface bonding (Gudayu et al. [2020\)](#page-24-16).

<span id="page-5-12"></span><span id="page-5-11"></span><span id="page-5-8"></span><span id="page-5-7"></span><span id="page-5-3"></span><span id="page-5-2"></span>The optimum moisture absorption of the untreated sisal fibers decreases with the surface modification of fibers through chemicals (Kumar, B, and Dutta [2017](#page-25-13)). Specifically, alkali treatment can avoid some non-cellulose components and impurities (de Azevedo, Marvila, Antunes, et al. [2021;](#page-22-7) Gupta et al. [2020](#page-24-17); Mahjoub et al. [2014;](#page-26-15) Orue et al. [2015;](#page-28-8) Shivamurthy et al. [2020;](#page-29-12) Tenazoa et al. [2021](#page-30-12)). Also, the treatment can alter the fiber properties on the chemical composition and functional groups between treated and untreated fibers (Amiandamhen, Meincken, and Tyhoda [2018](#page-21-14)). Partial degradation of the matrix of lignin and hemicellulose leads to a rougher fiber surface, which may improve the contact area and adhesion between the fiber and the cementitious matrix (Castoldi et al. [2022](#page-22-8)).

<span id="page-5-16"></span><span id="page-5-10"></span><span id="page-5-6"></span><span id="page-5-4"></span><span id="page-5-1"></span>Besides these, natural fibers are hydrophilic due to lignin and hemicellulose (A. Abbass, Lourenço, and Oliveira [2019;](#page-20-12) P. R. L. Lima et al. [2017;](#page-26-16) Motaung et al. [2017;](#page-27-10) Sellami, Merzoud, and Amziane [2013](#page-29-9)). Fiber impurities such as oil and wax can cause debonding and void of the fiber surface, which can lessen the effectiveness of natural fibers (Verma, Singh, and Zafar [2020\)](#page-30-13). Hence, sisal fiber treatment by alkaline gives rise to the breaking down of the cell wall of lignin that exposes the micro fibrillated cellulose, improves hydrophobicity (Gudayu et al. [2020\)](#page-24-16), and enhances the ductility of alkali-treated sisal fiber blended cement composite (S. Kumar, B, and Dutta [2017\)](#page-25-13), which makes sisal fiber cleaner surface (P. R. L. Lima et al. [2017;](#page-26-16) Motaung et al. [2017\)](#page-27-10).

Alkali treatment of natural fibers increases the existence of the hydroxyl group (OH<sup>-</sup>) to form chemical and physical bonds to the polymer chains, hence, in the physical bond of cellulose fiber the hydroxyl group can form hydrogen bonds, whereas cellulose fiber chemical bond of the hydroxyl group can react with alkali NaOH and form  $-$  O  $-$  Na+ that has potential to bond with cement composite matrix (Verma, Singh, and Zafar [2020](#page-30-13)). In addition to this, treatment can cause an increase in the crystallinity index of cellulose and surface roughness of the fiber due to the removal of lignin and hemicellulose (Burrola-Núñez et al. [2019](#page-22-9); S. R. Ferreira et al. [2015](#page-23-13); Razak et al. [2014](#page-29-13)). This surface roughness of the fiber enhances the bond between cement paste and fibers, increasing concrete's mechanical and durability properties (Ahmad et al. [2022](#page-20-13); Akinyemi, Omoniyi, and Onuzulike [2020;](#page-20-14) Gonzalez-Lopez et al. [2020](#page-24-18); Jo, Chakraborty, and Kim [2016](#page-25-12); Tian et al. [2015](#page-30-5); Zukowski, de Andrade Silva, and Toledo Filho [2018](#page-31-9)).

<span id="page-6-8"></span><span id="page-6-5"></span><span id="page-6-1"></span><span id="page-6-0"></span>Castoldi et al ([2022\)](#page-22-8) studied on physical-chemical properties of sisal fibers by alkaline treatment toward cement matrix. The study used 1, 5, and 10% NaOH solution concentrations for chemical, physical, thermal, surface characteristics, and wettability tests. The result of the study shows the enhancement of cellulose proportion with the reduction of sisal fiber hemicellulose and lignin through NaOH treatment. Also, this study found from wettability test results a drop in water uptake of the treated sisal fiber by 5% and 10% of NaOH compared to untreated sisal fiber, and single fiber tensile test result shows NaOH treatment enhanced the tensile strength of the sisal fibers. Besides these, due to alkaline treatment, the study found improved thermal stability, reduced water absorption, improved chemical compositions, and fiber bond with cement matrix observed on the employment of treated sisal fiber.

<span id="page-6-9"></span>Furthermore, Hari and Mini ([2019](#page-24-12)) reported that alkali treatment through hydrolysis of the sisal fiber in NaOH can change the fiber color from white to yellowish color (Zwane et al. [2019](#page-31-10)), which indicates the reaction of the fiber outer surface matrix and the alkaline showing the treatment of the fiber. Also, treating the fibers in NaOH solution enhances the waterproofing layer called the interface layer that increases the ability to limit the water absorption due to the permeability reduction of the internal pores, hence can lessen the capillary flow of internal water (de Azevedo, Marvila, Tayeh, et al. [2021\)](#page-22-10).

<span id="page-6-3"></span><span id="page-6-2"></span>Sisal fiber alkali treatment can significantly improve the mechanical properties of cementitious composite materials. However, sometimes composites reinforced with alkali-treated natural fibers reflected matrix cracking, weak fiber pull-out, and fiber breakage at the ends compared to the untreated natural fiber composite. Also, the long soaking time of the natural fibers in alkaline solution treatment can cause a reduction in the mechanical properties, especially tensile strength of the fiber (Ali-Boucetta et al. [2021](#page-20-5); Chandrasekar et al. [2017\)](#page-22-11), and similarly, treatment of natural fiber by higher alkaline solution content especially more than 20% NaOH can cause breakage of fiber structure, reduction of fiber area, lessen the amount of cellulose content, consequently can more reduce the tensile strength of the fiber also the cement composite matrix (de Klerk et al. [2020](#page-23-14); Musanif and Thomas [2015\)](#page-27-11).

#### <span id="page-6-6"></span><span id="page-6-4"></span>**Sisal treatment by pozzolana**

<span id="page-6-7"></span>The sisal fiber mineralization of the cell wall is the main cause of the degradation mechanism, leading to fiber embrittlement and lessening the strength capacity. Two mineralizations mechanisms of sisal fiber are generally observed. The first is CH− mineralization, which makes cellulose corrosion mainly from the cement composite matrix, and the other is selfmineralization which may be caused by slight hydrolysis of the fiber part by moisture effect (Mármol et al. [2020](#page-26-11); Wei and Meyer [2015](#page-31-11)). Also, Wei and Meyer ([2016\)](#page-31-12) reported mineralization is the main reason for natural fiber degradation in the cement matrix that due to alkali hydrolysis of the natural fiber amorphous part and cement hydration products in the cell wall of fiber, and the study found rice husk ash can mitigate the alkaline deterioration and mineralization effect on sisal fiber.

<span id="page-7-5"></span>Consequently, the most promising treatment of sisal fiber is by pozzolanic materials to reduce calcium hydroxide content in the matrix, and the compound highly accelerates the deterioration of the thread. This technique requires the design of the matrix with the blending of Portland cement and amorphous natural pozzolana, which makes a hydration process at which a pozzolanic reaction can cause a reduction of calcium hydroxide contents (Filho, Silva, and Toledo Filho [2013\)](#page-23-15). Also, the treatment method can facilitate the isolation of sisal fiber's various components, such as lignin, pectin, and hemicelluloses, with a change after treatment in the chemical properties of the fibers. Also, Priyadharshini & Ramakrishna (Priyadharshini and Ramakrishna [2018\)](#page-28-9) found the treatment of sisal fiber by pozzolana has changed the color of the fiber from white to grayish, mainly due to the color of most of the calcined pozzolana having a grayish outlook. Behind these, silicon in natural pozzolana is an influential compound that treats natural fibers by actively participating in the mineralization of cementing materials, which causes the deterioration of natural fiber (Jaiswal et al. [2022;](#page-24-6) Li et al. [2021](#page-26-17)).

<span id="page-7-10"></span><span id="page-7-8"></span><span id="page-7-6"></span>Wei and Meyer [\(2017](#page-31-13)) investigated the effect of cement composite materials having metakaolin and montmorillonite on the degradation of natural fiber. The study reported both metakaolin and montmorillonite mitigate fiber deterioration by improving the hydration product and lowering the alkalinity of the cement solution. Their data indicate the successful mitigation of natural fibers degradation due to cement hydration and fiber deterioration by mineralization and alkali hydrolysis of natural fibers.

<span id="page-7-0"></span>Castoldi, de Souza, and de Andrade Silva [\(2019\)](#page-22-12). studied the comparison of mechanical behavior and durability of polypropylene and sisal fiber reinforced concrete. The study designed a way to reduce the alkaline effect degradation of sisal fiber by treating 50% Portland pozzolana which is 30% metakaolin, and 20% fly ash. The study found both fibers increased the ductility of concrete and flexural performance under cyclic and monotonic loading conditions. Also, the treated sisal by pozzolanic materials shows the same level of residual strength compared with polypropylene fiber reinforced concrete, having the same doses of both fibers, which is due to the effectiveness of sisal fiber treatment by pozzolanic materials – the same observation with Barbosa da Silva Junior et al (da Silva Junior, de Souza, and de Andrade Silva [2021](#page-22-13)), as the treatment of sisal fiber through the substitution of 50% of Portland cement by pozzolana having 40% metakaolin and 10% fly ash has improved the mechanical properties of the fiber in cement composite materials.

<span id="page-7-2"></span><span id="page-7-1"></span>Chandrasekaran [\(2015](#page-22-14)) studied the effect of micro-silica concrete with sisal fibers on concrete's mechanical and durability properties. The study used silica fume in amounts between 5% to 20% by the mass of the total cementitious material. The results found the immersion of sisal fiber in the silica fume slurry before employing them in the cement-based composites was an effective means of improving the strength of concrete. Hence, the partial substitution of ordinary Portland cement for silica fume was the beneficial approach in obtaining improved durability and deterioration reduction of natural fibers.

<span id="page-7-9"></span>Besides these, treating sisal fiber by nanoclay can improve fiber properties, which assist sisal fiber can be used in cement composite materials. Hence, nano clay-treated sisal fibers reinforced with cement composite possess more thermal resistance and less water absorption capacity than untreated sisal fiber (Venkatram et al. [2016](#page-30-14)). A similar observation was reported by Fidelis et al. ([2016](#page-23-16)). that treating sisal fiber with pozzolana, especially by metakaolin, can consume calcium hydroxide, decreases alkalinity, avoid fiber degradation, and make good bonding between fiber with cement matrix (Fidelis et al. [2016](#page-23-16)). Therefore, properly treating natural fiber and employing it in construction materials is more economical than synthetic fibers (Dinesh Kumar Raju, Balasubramanian, and Arul Jeya Kumar [2020\)](#page-23-17).

<span id="page-7-7"></span><span id="page-7-4"></span><span id="page-7-3"></span>The enhancement in concrete mechanical properties with treated sisal fiber is due to the solid fiber-matrix interfacial bond and a modification of sisal fiber that reduces the hydrophilic nature of the fiber (Mundim et al. [2020;](#page-27-12) Yadav et al. [2021\)](#page-31-5). Also, More and Subramanian ([2022](#page-27-13)) reported that natural fiber-reinforced concrete treated by pozzolana has many CSH gels compared to <span id="page-8-11"></span><span id="page-8-0"></span>conventional concrete, which is used to improve the mechanical properties of cement composite materials (Ahad et al. [2018;](#page-20-15) Borg et al. [2018;](#page-22-15) Raggiotti, Positieri, and Oshiro [2018](#page-28-10); Trümer et al. [2019](#page-30-15); Voit et al. [2020](#page-30-16)). The sisal fiber's high water absorption capacity creates volume expansion when the fiber is added to the fresh cementitious matrix, and contraction of the matrix dries, which can cause a partial loss of physical contact with the matrix (Ferreira et al. [2015\)](#page-23-13). Hence, untreated natural fiber can show less adhesion between the fiber and concrete matrix due to its high moisture absorption and low wettability, accelerating the degradation of natural fibers in cement composite. Therefore, it is better to improve the hydrophilic risk of the natural fiber by surface modification to improve concrete mechanical properties and enhance concrete matrix inter-facial bond (Ahmad, Hamid, and Osman [2019](#page-20-10); Bashiri Rezaie et al. [2021](#page-21-15); Srivastav, Behera, and Ray [2007](#page-30-17)).

<span id="page-8-10"></span><span id="page-8-3"></span>Generally, the pozzolanic treatment of sisal fiber improves durability and mechanical properties. However, the use of pozzolanic treatment of sisal fiber blended with high employment of cement by more than 50% can cause the reduction of interface bond strength between the fiber and matrix (Wei and Meyer [2017](#page-31-13)). Besides these, the reduction of cement mineralization by the reaction of free calcium hydroxide and pozzolana depends on pozzolanic material reactivity property (Wei and Meyer [2016](#page-31-12)), which some of natural pozzolanic materials such as kaolin and bentonite need activation method since mostly exist as a consolidated form (Rehman et al. [2019](#page-29-14)).

## <span id="page-8-9"></span>**Sisal fiber treatment on physical properties**

#### *Workability*

<span id="page-8-8"></span><span id="page-8-7"></span><span id="page-8-6"></span><span id="page-8-4"></span>Employing fiber to cement composite materials decreases the flow values compared to the flow of the control mixture (Ahmad et al. [2022](#page-20-13); Fadhil and Yaseen [2016](#page-23-18); Islam and Ahmed [2018;](#page-24-19) Priyadharshini and Ramakrishna [2019;](#page-28-11) Sugathan [2017;](#page-30-4) Zia and Ali [2017](#page-31-14)). Especially, employment of sisal fiber in cementing materials significantly reduces workability and in concrete can reduce the workability measured by the slump of concrete (Lima et al. [2018](#page-26-18); Rahuman and Yeshika [2015;](#page-28-12) Shah et al. [2022\)](#page-29-15) and also reduces with an increase in the content of sisal fiber in cement composite (Okeola, Abuodha, and Mwero [2018](#page-27-14); Siva Bala and Vaisakh [2018;](#page-30-18) V [2017\)](#page-30-19). The workability of treated sisal fiber shows a similar trend to that of untreated fibers through reducing the workability of cementing composite materials, and more significantly, workability decreases with increasing the doses of treated fiber to the cement composite, hence can be noted as increasing fiber contents increases cohesion of the composite (Priyadharshini and Ramakrishna [2018](#page-28-9)). Therefore, most recommended superplasticizers using natural fiber cannot influence the improvement of the strength of cement composite materials due to fiber addition (Anju, Ramamurthy, and Dhamodharan [2016](#page-21-16)).

#### <span id="page-8-2"></span>*Density*

<span id="page-8-5"></span><span id="page-8-1"></span>The addition of natural fibers to the cement composite materials lightens the composite compared to those without natural fiber, because the substitution of natural fiber takes the concrete places that lightens the cementing matrix, and this is crucial for the manufacturing of lightweight high-rise buildings (Achour, Ghomari, and Belayachi [2017;](#page-20-11) Barbuta et al. [2017](#page-21-2); Ferreira et al. [2018;](#page-23-8) Khalid, Imran, et al. [2021;](#page-25-14) Ovalı and Sancak [2022;](#page-28-13) Vigneshwaran et al. [2020\)](#page-30-20). Also, adding sisal fibers to the cement composite materials can reduce the density compared to the control mixtures (ALmusawi, Hussein, and Shallal [2018](#page-21-17)). As shown in [Figure 2,](#page-9-0) adding 1% of sisal fiber significantly decreases the cementitious materials' density compared to the control mix, also increasing the content of the sisal fiber more reduces the density compared to the control mixture, which is basically the specific density of sisal fiber is much lower than the cement particles (Barbuta et al. [2017](#page-21-2)).

<span id="page-9-0"></span>

**Figure 2.** Effect of sisal fibers on the density of concrete by Okeola, Abuodha, and mwero ([2018](#page-27-14)).

# **Sisal fiber treatment on mechanical properties**

#### *Compressive strength*

<span id="page-9-4"></span><span id="page-9-1"></span>Adding sisal fiber to the concrete can increase compressive strength (Afolayan, Wilson, and Zaphaniah [2019](#page-20-1); ALmusawi, Hussein, and Shallal [2018](#page-21-17); Rajkumar, Nirmala, and Vivekananthan [2022](#page-28-14)). Increasing the sisal fiber content improves the compressive strength of concrete (Bao et al. [2019](#page-21-9); Bheel et al. [2021\)](#page-22-16). Besides these, as shown in [Figure 3](#page-10-0) the addition of sisal fiber in concrete enhances the compressive strength, especially, the improvement is significantly observed at 1.5% employment compared to the addition of synthetic fibers steel, carbon, and glass in concrete. This is due to sisal fiber high bonding capacity with concrete matrix than synthetic fibers (More and Subramanian [2022](#page-27-13)). However, sisal fiber can degrade the initial strength through long term by moisture and mineralization in cement hydration, thus treating sisal fiber is crucial for its sustainable use. Also, as shown in [Figure 4,](#page-10-1) the employment of sisal fiber significantly reduces the occurrence of cracks and defects in the concrete matrix by compressive forces, mainly due to the high tensile strength of sisal fiber that ties the concrete matrix and share the load carrying from the concrete.

<span id="page-9-5"></span><span id="page-9-3"></span><span id="page-9-2"></span>Also, treated sisal fiber improves cement composite materials' compressive, tensile, and flexural strength (Abirami and Sangeetha [2022\)](#page-20-3). Alkali treatment of sisal fiber with low concentrations of sodium hydroxide enhances the strength of the fiber and fiber-reinforced cement composite. However, higher concentrations of sodium hydroxide, which means more than 20% solution, significantly reduce the fiber strength (de Klerk et al. [2020](#page-23-14)). This reduction is mainly because the higher alkaline concentration damages the fiber cellulose matrix responsible for the natural fiber's strength. Treating the sisal fiber with pozzolanic materials like metakaolin and fly ash can improve compressive strength (Neves Junior et al. [2019\)](#page-27-15), and also increases the treated sisal fiber content enhances the compressive strength of the composite materials, which indicates high toughness by increasing the sisal fiber content, which requires high energy to deform (Wei et al. [2018](#page-30-21)). Also, fiber orientation can be crucial in improving the mechanical properties of fiber-reinforced cement composite materials (Hari and Mini [2019\)](#page-24-12). Also, the microstructure, chemical compositions, and cross-sectional area of natural fiber are other variables that influence the fiber and matrix's strength (Karimah et al. [2021](#page-25-15)). However, most properties of fiber-reinforced concrete are affected by fiber geometry, orientation,

<span id="page-10-0"></span>

**Figure 3.** Compressive strength of 28 days concrete blended with different fibers by More and Subramanian [\(2022](#page-27-13)).

<span id="page-10-1"></span>

**Figure 4.** A sample of concrete blocks after compressive strength test by Soto Izquierdo et al [\(2017\)](#page-24-3) permission Elsevier.

volume, and distribution of fiber (Panchangam [2015b](#page-28-2)), which can affect most properties of fiber reinforced concrete. Significantly, the homogeneous distribution of natural fiber in cement matrix is vital to improve the mechanical properties of cement mortar (Chakraborty, Kundu, Roy, Adhikari, et al. [2013](#page-22-17); Chakraborty, Kundu, Roy, Basak, et al. [2013](#page-22-18)).

<span id="page-10-2"></span>Adding sisal fiber improves cement composite materials' compressive strength, as presented in Table-1. Most studies reported the optimum compressive strength of cementing materials by adding 1–1.5% of sisal fiber to the cementing materials, as illustrated in [Figure 5a.](#page-11-0) However, sisal fiber is moisture sensitive and degrades by mineralization with calcium hydroxide in cement hydration and can lose strength through the long-term ages in the cement composite materials. Thus, sisal fiber treatment with either pozzolanic materials or alkaline can improve sisal fiber degradation, and as shown in [Figure 5b,](#page-11-0) treating sisal fiber with pozzolanic materials improves the compressive strength of

<span id="page-11-0"></span>

**Figure 5.** Summary of [Table 1](#page-12-1) (a) different doses of sisal fiber that give optimum compressive strength and (b) average compressive strength improvement by treated sisal fiber treated with pozzolanic materials and alkaline.

cement composite materials by 21.75% and alkaline treatment by 12.83% compared to the control mixture, this indicates pozzolanic treatment enhances the compressive strength of cement composite materials 69.52% more than alkaline treatment of sisal fiber. This enhancement difference is due to sisal treatment by alkaline which may affect the cellulose part of the fiber, which cannot increase the compressive strength of cement composite materials as much as that of sisal fiber treatment by pozzolanic materials.

#### *Splitting tensile strength*

<span id="page-11-3"></span><span id="page-11-1"></span>More and Subramanian [\(2022](#page-27-13)) found incorporation of sisal fiber in cement composite materials enhance the splitting tensile strength more than the carbon and glass fibers, however, due to its moisture sensitivity the fiber may lose strength. So, surface treatment of natural fibers with alkali can improve the tensile strength of the fiber (Giri et al. [2018](#page-24-20); Godara and Godara [2019](#page-24-13)), especially the treatment of sisal fiber by NaOH solution enhances fiber performance by increasing the tensile strength of the fiber compared to the untreated sisal fiber (Sahu and Gupta [2018;](#page-29-16) Zhang, Li, and Chen [2017\)](#page-31-15), which is mainly treatment reduces the content of fiber impurities that can make loss of strength. Also, tensile strength increases with increasing fiber contents in the cement composite (Dilfi KF et al. [2018](#page-23-12); Kaewkuk, Sutapun, and Jarukumjorn [2013](#page-25-16)). Besides these, the solution of NaHCO<sub>3</sub> can be used to treat sisal fiber, increasing the split tensile strength of the sisal fiber (Benkhelladi, Laouici, and Bouchoucha [2020](#page-21-13)).

<span id="page-11-4"></span><span id="page-11-2"></span>The incorporation of sisal fiber improves the splitting tensile strength of cement composite materials, as presented in [Table 2.](#page-12-0) Also, as shown in [Figure 6a,](#page-13-0) many studies reported the use of sisal fiber dose in the range of 1–1.5% gives optimum split tensile strength of cement composite materials. It has been observed that a minimum quantity doses of sisal fiber cannot significantly change the splitting tensile strength of cement composite materials. However, natural fiber diameter and aspect ratio (length-to-diameter) are other essential parameters affecting the fiber and fiberreinforced cement composite's tensile strength and mechanical properties (Gudayu et al. [2022](#page-24-14)).

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W/C	Doses to volume (%)	Optimum CS doses $(\%)$	دے increased (% )	Length (mm)	Treated/ Untreated	Treated by	References
0.38	0,0.50,0.75,1		4.04		Untreated		(Abirami et al. 2020)
0.57	0,0.80,1.40,2	0.80	2.11	6	Untreated		$[214]$
0.45	0,0.5,1,1.5,2,2.5	1.5	14.18	40	Untreated		(Voit et al. 2020)
0.40	0,2	2	14.90	12	Untreated		(Palanisamy and Ramasamy 2022)
0.20	1,2,3		15.50	18	<b>Treated</b>	28% silica fume to the binder	(Beskopylny et al. 2022)
	0.5, 1, 1.5, 2	1.5	45	12	<b>Treated</b>	Fly ash to the concrete mixture	(Chopra and Razahi 2020)
0.45	0.5, 1, 1.5, 2	1.5	3.5	50	<b>Treated</b>	10% silica fume to the concrete	(P. R. L. Lima et al. 2018)
0.43	0.6, 1.2, 1.8	1.2	23	40	<b>Treated</b>	30% Metakaolin to the binder	(Priyadharshini and Ramakrishna 2019)
0.40	0,0.25,0.50, 0.75,1	0.75	18.26		<b>Treated</b>	5% $Na2SO4$	(Venkatram et al. 2016)
0.45	0.5, 1, 1.5, 2, 2.5	1.5	40.15		Untreated		(Panchangam 2015a)
0.42	0.5, 1, 1.5, 2		7.39	37.5	Treated	Na <sub>2</sub> CO <sub>3</sub>	(Abirami and Sangeetha 2022)

<span id="page-12-1"></span>**Table 1.** Effect of sisal fiber employment on compressive strength of cement composite materials by different researchers.

<span id="page-12-5"></span><span id="page-12-2"></span> $\epsilon$ 

<span id="page-12-0"></span>**Table 2.** Effect of sisal fiber employment on split tensile strength of cement composite materials by different researchers.

			TS				
	Doses to	Optimum TS	increased	Length	Treated/		
W/C	volume (%)	doses $(\%)$	(% )	(mm)	Untreated	Treated by	References
0.38	0,0.50,0.75,1	1	12.69		Untreated		(Abirami et al. 2020)
0.40	0,2	2	37.19	12	Untreated		(Palanisamy and Ramasamy 2022)
	0.5, 1, 1.5, 2	1.5	45	12	<b>Treated</b>	Fly ash to the concrete	(Chopra and Razahi 2020)
0.45	0.5, 1, 1.5, 2	1.5	35.70	50	Treated	10% silica fume to the concrete	(P. R. L. Lima et al. 2018)
0.45	0, 1.5	1.5	9.01	40	Untreated		(Voit et al. 2020)
0.40	0,0.25,0.5,0.75,1	0.75	17.62		<b>Treated</b>	5% $Na2SO4$	(Venkatram et al. 2016)
0.47	0.5, 1, 1.5, 2	1.00	47.23	30	Untreated		(V 2017)
0.45	0.5, 1, 1.5, 2, 2.5	$1.5\,$	38.89		Untreated		(Panchangam 2015a)
0.43	0.6, 1.2, 1.8	$1.2\phantom{0}$	28.90	40	Treated	30% Metakaolin to the binder	(Priyadharshini and Ramakrishna 2019)
0.50	0,0.5,1, 1.5	1	11.80	30	Untreated		(Zia and Ali 2017)
0.42	0.5, 1, 1.5, 2	1	12.23	37.5	Treated	Na <sub>2</sub> CO <sub>3</sub>	(Abirami and Sangeetha 2022)

<span id="page-12-6"></span><span id="page-12-3"></span>Barra et al. [\(2015\)](#page-21-18) reported accelerated aging tests of treated and untreated sisal. The study found that untreated sisal fiber loses ultimate tensile strength compared to chemically treated sisal fiber. In addition to these, as presented in [Figure 6b,](#page-13-0) sisal fiber treatment enhances the split tensile strength of cementing materials; however, as most of the studies found, treatment by pozzolanic materials improves the split tensile strength of cement composite materials by 144.84% compared to alkaline sisal fiber treatment, which is due to alkaline treatment can lightly damage the matrix of fiber cellulose which required for strength.

<span id="page-12-4"></span>Generally, natural fibers carry tensile stresses. Hence, the cement matrix can transfer load among the fibers and enhance the cement composite's long-term durability through fiber coating to improve the adhesion with the cement composite materials matrix (de Carvalho Bello et al. [2019](#page-23-19)).

<span id="page-13-0"></span>

**Figure 6.** Summary from [Table 2,](#page-12-0) (a) different doses of sisal fiber that give optimum split tensile strength and (b) average split tensile strength improvement by treated sisal fiber through pozzolanic materials and alkaline.

# *Flexural strength*

<span id="page-13-5"></span><span id="page-13-4"></span><span id="page-13-3"></span>Employing natural fibers in the cement composite material improves flexural strength compared to the control mixture (Da Fonseca, Rocha, and Cheriaf [2021;](#page-22-19) Hasan et al. [2023;](#page-24-21) Lima et al. [2017](#page-26-16); Orue, Eceiza, and Arbelaiz [2018;](#page-28-17) Salih et al. [2019\)](#page-29-17). More and Subramanian ([2022\)](#page-27-13) reported employment of sisal fiber in concrete can enhance the flexural strength of concrete compared to the employment of steel, glass, and jute fibers. Also, adding sisal fiber to cement composite material increases ductility with increasing fiber content (Huang and Rodrigue [2022](#page-24-22); Panchangam [2015a\)](#page-28-16). Hence as shown in [Table 3](#page-13-1), adding sisal fiber can significantly improve flexural strength. Especially as many studies reported in [Figure 7,](#page-14-0) adding 1–1.5% of sisal fiber can give optimum flexural strength of cement composite materials compared to the control mixture. Besides these, the employment of treated sisal fiber improves the flexural strength of cementitious material compared to untreated cement composite materials (Agor, Mbadike, and Alaneme [2023](#page-20-17); Ramakrishna and Sundararajan [2018](#page-28-18)). Also, fibers treated through alkali by NaOH improved deformation at the break values (Orue et al. [2015\)](#page-28-8) and

W/C	Doses to volume (%)	Optimum FS doses $(\%)$	FS increased (%)	Length (mm)	Treated/ Untreated	Treated by	References
0.38	0, 0.50, 0.75,		3.08	$\overline{\phantom{0}}$	Untreated		(Abirami et al. 2020)
0.40	0,2	2	84.70	12	Untreated		(Palanisamy and Ramasamy 2022)
0.45	0.1.5	1.5	13.79	40	Untreated		(Voit et al. 2020)
0.20	1, 2, 3	2	16.70	18	treated	28% silica fume to the binder	(Beskopylny et al. 2022)
0.43	0.6, 1.2, 1.8	1.2	44.6	40	treated	30% Metakaolin to the binder	(Priyadharshini and Ramakrishna 2019)
0.45	0.5, 1, 1.5, 2, 2.5	1.5	68.58		Untreated		(Panchangam 2015a)

<span id="page-13-2"></span><span id="page-13-1"></span>**Table 3.** Effect of sisal fiber employment on flexural strength of cement composite materials by different researchers.

<span id="page-14-0"></span>

**Figure 7.** Summary from [Table 3](#page-13-1), different doses of sisal fiber that give optimum flexural strength.

<span id="page-14-1"></span>enhanced cement composite materials' toughness and flexural strength of cement composite materials (Boumaaza, Belaadi, and Bourchak [2021;](#page-22-20) de Klerk et al. [2020;](#page-23-14) Godara and Godara [2019;](#page-24-13) Meenakshi and Krishnamoorthy [2019](#page-27-16)).

<span id="page-14-2"></span>Also, treating sisal fiber with pozzolanas like nanoclay and metakaolin removes the portlandite phase and enhances the content of calcium silicate hydrates. Hence, the interfacial bond between the fiber and cement composite matrix improves the flexural properties of the fiber and cement composite materials. This increase in the interfacial bond indicates that the treatment of sisal fiber by nanoclay and metakaolin effectively enhances the adhesion between the cement matrix and sisal fiber (Wei and Meyer [2014c\)](#page-31-16). Therefore, the flexural strength of cement composites with treated sisal fiber is higher than untreated fiber composites, because alkali treatment of fibers reduce the content of hemicellulose, lignin, and other impurities, from the fiber surface and make improvement in the fiber-matrix bonding and fiber wetting characteristics (Maichin et al. [2020](#page-26-14); Raja et al. [2021\)](#page-28-19).

<span id="page-14-5"></span><span id="page-14-3"></span>Generally, employing sisal fiber as concrete reinforcement is beneficial for improving the mechanical properties of the concrete matrix (Castoldi, de Souza, and de Andrade Silva [2019\)](#page-22-12). Significantly, sisal fiber enhances the compressive, split tensile, and flexural strength of concrete than some of the synthetic fibers, hence, it can radically reduce the environmental pollution and can make cost effective concrete productions than reinforcing of synthetic fibers.

# **Sisal fiber treatment on durability**

#### *Water absorption*

<span id="page-14-4"></span>Water absorption of natural fibers is closely related to the dimensional stability of the fiber (Santos et al. [2021\)](#page-29-18), i.e., dimensional variation of natural fiber by the change in moisture condition or water absorption is one of the main reasons that lessen the adhesion between cement composite and fiber (Ferreira et al. [2014](#page-23-7)). Also, water absorption and moisture present in the concrete effectively react with untreated natural fibers and cause the degradation of the fibers, leading to the occurrence of voids and pores in the concrete matrix, which can directly affect the strength and durability of the concrete (S. Kumar, Tilak, and Dutta [2017](#page-26-13); More and Subramanian [2022;](#page-27-13) Wei and Meyer [2015](#page-31-11)). Besides these, the

hydrophilicity of natural fiber causes water absorption because of the capillary action of the fiber micro-pores (Dilfi KF et al. [2018](#page-23-12)). Hence, alkali's interfacial modification of natural fibers reflects a significant reduction in water absorption (Kaewkuk, Sutapun, and Jarukumjorn [2013;](#page-25-16) Ogunbode et al. [2022](#page-27-17)).

<span id="page-15-5"></span><span id="page-15-4"></span><span id="page-15-3"></span>Also, adding pozzolana on the surface of sisal fiber can serve as a medium barrier for water absorption of the fiber. Hence, it can delay the water uptake time by directly reducing water absorption and fiber degradation (Kanny and TP [2013](#page-25-17); Mohan and Kanny [2012\)](#page-27-18). This delay in water uptake due to the treatment of sisal fiber reduces the hemicellulose and lignin chemical compounds (Ferreira et al. [2017](#page-23-3); Mokaloba and Batane [2014](#page-27-19)). Therefore, minimizing those compounds improves the fiber's mechanical properties. It increases the crystallinity of the cellulose, the chemical bond of the acetyl group, which can reduce the water absorption of the fiber (Ferreira et al. [2017](#page-23-3)).

#### *Rapid chloride ion permeability*

<span id="page-15-0"></span>Incorporating natural fibers in concrete enhances the chloride ion migration in the concrete matrix. That is due to more pores and voids formation in the concrete matrix through the swelling and shrinkage abilities of untreated natural fibers by moisture and water, which allow chloride ion migration in the pores (More and Subramanian [2022](#page-27-13)). The same observation with Nambiar and Haridharan (Afroz, Patnaikuni, and Venkatesan [2017](#page-20-18); Nambiar and Haridharan [2020](#page-27-20)) as concrete chloride penetration of spacemen with natural fibers is relatively higher compared to the control mixture. However, surface treatment of natural fibers lessens the surface pores of the fiber, which can protect the migration of chloride ions in the cement composite materials. Therefore, using alkaline or pozzolana treated sisal fiber in cement composite materials significantly reduces the chloride ion migration compared to untreated sisal fiber in cementing materials.

#### *Acidic attack and thermal resistance*

<span id="page-15-7"></span>Natural fibers have higher weight loss to acidic attack than synthetic fibers due to the formation of pores to the degradation of natural fibers in acidic environments (More and Subramanian [2022](#page-27-13)). However, the surface treatment of natural fibers significantly improves the acidic attack resistance in concrete; mainly due to the surface treatment of the fibers by alkaline or pozzolana which can enhance the interface bond of fibers with matrix, which bound the penetration of acids to the concrete (Wei and Meyer [2014b\)](#page-31-17). Therefore, incorporating treated sisal fiber in cement composite materials improves the acidic attack of cementing materials when using untreated sisal fiber. So as shown in [Figure 8,](#page-16-0) before and after immersion in sulfate solution, sisal fibers employed in cementing material coated by 10% silica have more compressive strength than the control mix, which is mainly due to silica which has the micro-filling capability that fills the pore surface of sisal fiber and cement matrix.

Generally, the use of treated sisal fiber for the reinforcement of cement composite materials significantly increases the durability and mechanical properties of cement composite materials compared to untreated sisal fiber (de Klerk et al. [2020](#page-23-14); Padanattil, Jayanarayanan, and Mini [2017\)](#page-28-20).

<span id="page-15-6"></span><span id="page-15-2"></span><span id="page-15-1"></span>The treated natural fiber has better thermal resistance than untreated natural fiber (Belayachi, Hoxha, and Ismail [2017](#page-21-19); Lahouioui et al. [2020](#page-26-19)). Significantly, the treatment of sisal fiber by NaOH can reflect improved thermal resistance compared to untreated sisal fiber (Bahja et al. [2021\)](#page-21-20). As presented in [Figure 9,](#page-16-1) alkaline-treated sisal fiber has higher thermal resistance than untreated sisal fibers. The treatment of sisal fiber reduces water absorption and makes a stable material for thermal changes. Also, sisal fiber alkali treatment significantly improves thermal stability, making an excellent inter-facial interface compared to untreated sisal fiber (Gudayu et al. [2022](#page-24-14)). However, the change in sisal fiber thermal stability characteristics mainly depends on alkali treatment conditions and immersion time (Chandrasekar et al. [2017\)](#page-22-11). Also, using natural pozzolana for natural fibers treatment can significantly reduce mass

<span id="page-16-0"></span>

<span id="page-16-1"></span>**Figure 8.** Compressive strength of silica+sisal fiber concrete before and after immersion in sulfate solution by Chandrasekaran ([2015](#page-22-14)).



**Figure 9.** TGA graph of untreated, alkaline treated, and alkaline treated plus coated sisal fiber by Sahu and Gupta ([2018\)](#page-29-16).

<span id="page-16-3"></span><span id="page-16-2"></span>loss by thermal effect, hence improving the durability of the fiber (da Silva et al. [2017;](#page-22-21) Jirawattanasomkul et al. [2020](#page-25-18)) compared with untreated sisal fiber.

Generally, effective treatment of sisal fiber reduces the degradation of the fiber. Specially treated sisal fiber by replacing pozzolanic material in the Portland cement mainly enhances the durability of cement composite material (Wei and Meyer [2015](#page-31-11)).

#### **Sisal fiber treatment on microstructural property**

The microstructure of treated sisal fiber by alkali modification shows enhancement of cellulose exposure that can facilitate the fiber matrix interlocking and improve adhesion characteristics

<span id="page-17-0"></span>

**Figure 10.** The effect of the wetting and drying cycles on the sisal fiber surface: (a) reference, (b) fiber extracted from a PC–MK matrix after 25 cycles, (c and d) fiber extracted from a PC matrix after 25 cycles by Filho, Silva, and Toledo Filho ([2013](#page-23-15)) permission Elsevier.

compared to untreated sisal fiber (Mokaloba and Batane [2014;](#page-27-19) Naveen et al. [2018\)](#page-27-4). Micro-structure indicates improved fiber adhesion matrix compared to untreated sisal fiber in cement composite (Orue et al. [2015\)](#page-28-8). Hence, the improved interface enables the load transfer between the fibers and the cement composite materials (Malenab, Ngo, and Promentilla [2017\)](#page-26-20).

<span id="page-17-3"></span>As shown in [Figure 10\(a–d\)](#page-17-0), a high deterioration of the untreated sisal fibers embedded in the Portland cement compared to the ones treated with pozzolana meta-kaolin, indicating the importance of sisal fiber surface treatment. This is mainly due to the surface treatment of natural fiber by pozzolana promoting hydration reduction and improving the overall composite strength by enhancing the fiber matrix's compatibility through strengthening the fiber bond with the matrix (Arsyad [2017](#page-21-21); Jo and Chakraborty [2015](#page-25-19); Pinto et al. [2013](#page-28-21)).

<span id="page-17-2"></span><span id="page-17-1"></span>Also, Wei and Meyer ([2014c\)](#page-31-16) reported the fracture surfaces of macro and micro-analysis of fiberreinforced cement composite after flexural test shows treatment of sisal fiber by partially substituting pozzolana to Portland cement improves interface bonding between the fiber and the matrix significantly. Additionally, it can be used for preventing sisal fiber from deterioration by the alkaline attack and cement calcium hydroxide mineralization.

Besides these Orue, Eceiza, and Arbelaiz [\(2018\)](#page-28-17), found the mechanism of untreated sisal fiber pulled out due to poor interfacial adhesion between fibers and cement composite. The study also reported that it was challenging to distinguish the fibers in the microstructure of alkaline-treated sisal fiber used in cement composite materials by pulling them out from the matrix. This further indicates the improvement of the fiber surface bonding with cement composite due to alkaline treatment.

<span id="page-17-4"></span>The natural fiber's rougher surface improves the mechanical interlocking adhesion between the fibers and the cement composite matrix (Pinto et al. [2013;](#page-28-21) F. Zhou, Cheng, and Jiang [2014\)](#page-31-18). Specifically, the

<span id="page-18-0"></span>

<span id="page-18-4"></span>**Figure 11.** SEM micrographs of (a) untreated, (b) alkali-treated sisal fiber by Z. Zhang et al. [\(2020](#page-31-19)) permission Elsevier.

alkali-treated sisal fiber appears to have a more uneven surface than untreated cement composite materials (Motaung et al. [2017](#page-27-10)). [Figures 11a & 11b](#page-18-0) shows that alkali treatment of sisal fiber have cleared the impurities between the untreated sisal fiber matrix. However, the high-concentration alkaline chemical treatment can damage the fiber's cellulose and hence causes some signs of surface deterioration (Dantas et al. [2019\)](#page-22-6).

Mahjoub et al ([2014](#page-26-15)) reported that the surface morphology of natural fiber treated with alkali shows a clean and rough fiber surface which is crucial for the interfacial bond of natural fiber and cement composite materials. However, the excellent interface depends on fiber length, adhesion, reduction of fiber hydrophilic characteristics, fiber orientation with matrix, and cellulose content (Rocha et al. [2022](#page-29-19)).

<span id="page-18-3"></span><span id="page-18-2"></span><span id="page-18-1"></span>Generally, the surface treatment of natural fiber can improve mechanical, adhesion, and hydrophobic properties between fiber and cement matrix (Ravi et al. [2018\)](#page-29-20). Primarily fiber treatment by alkaline is mainly used. However, this treatment has a drawback on the increased environmental pollution, chemical production cost, and harmful chemical compounds that need careful handling of the fiber treatment (Akinyemi and Adesina [2021;](#page-20-19) Burrola-Núñez et al. [2019](#page-22-9); Koohestani et al. [2019](#page-25-20)). Also, compared with the chemical treatment, physical treatment offers improved characteristics of the natural fiber composites (Vigneshwaran et al. [2020](#page-30-20)), and a higher concentration of 20–30% of NaOH causes damage to the fiber structure (de Klerk et al. [2020](#page-23-14)).

# **Conclusions**

The review of various studies revealed the crucial effect of sisal fiber treatment, either alkaline or pozzolana. Based on a comprehensive review, the following points have been concluded.

- Employment of 1-1.5% amount of sisal fiber treated by alkaline or pozzolana reduces workability and improves the mechanical properties of cement composite materials.
- The treatment of sisal fiber with pozzolanic materials enhances the compressive strength and splitting tensile strength of cementing materials by 69.52% and 144.84%, respectively, compared to sisal fiber treated with alkaline, which is due to the alkaline treatment can damage the cellulose matrix responsible for handling of compressive and tensile strength.
- Using alkaline or pozzolana-treated sisal fiber significantly reduces fiber water absorption capacity. It enhances the thermal resistivity of the fiber, acidic attack, and chloride ion migration resistances compared with the incorporation of untreated sisal fiber in cement composite materials.
- The microstructure of treated sisal fiber, either by alkaline or pozzolana, shows improved fiber adhesion matrix, rougher fiber surface, and less deterioration due to alkaline attack and cement calcium hydroxide mineralization. However, the high concentration of the alkaline solution,

specifically, many studies found more than 20% of alkaline solution causes the deteriorated fiber surface, hence can reduce the mechanical properties and durability of sisal fiber for cement composite.

Generally, from the reviewed studies, the alkaline treatment improves mechanical, hydrophobic, and adhesion properties between fiber and cement matrix compared to the employment of untreated sisal fiber in cement composite materials. However, there is a drawback to the disposal of alkaline chemicals that increase environmental pollution, chemical production cost, and harmful chemical compounds that need careful handling of the fiber treatment.

### **Future perspective**

The present study comprehensively reviewed the treatment of sisal fiber by alkaline treatment mostly NaOH and NaHCO<sub>3</sub>, also by pozzolanic treatment mainly metakaolin, fly ash, silica fume, and nanoclay. So, other materials classified in alkaline and pozzolana need detail investigation for to be used in sisal fiber degradation treatment for more effective implementation of sisal fiber in any cement composite materials, which is also more seeking profound analysis of chemical composition changes in the fiber due to both treatments. Another consideration is that many researchers focused on using treated sisal fiber by alkaline or pozzolana for plain concrete. However, it is more beneficial to consider concrete structural elements such as beams, columns, slabs, or stairs in composite with steel. This may be done by optimization methods to get a proper mix design of steel versus treated sisal fiber to reduce construction materials' cost and improve concrete performance.

## **Highlights**

- Alkaline and pozzolana treatment methods significantly improves sisal fiber degradation and moisture sensitivity.
- Treatment of sisal fiber by pozzolanic material increases strength than alkaline treatment.
- Higher concentration of alkaline used for sisal fiber treatment can damage cellulose matrix.
- Treated sisal fiber by alkaline or pozzolana have higher adhesion matrix than untreated sisal fiber.

# **Abbreviations**

- CS Compressive Strength
- TS Tensile Strength
- FS Flexural Strength
- W/C Water to Cement

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No potential conflict of interest was reported by the author(s).

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